

## Mainland Regional High School NJSIAA Steroid Testing Policy

### CONSENT to RANDOM TESTING

In Executive Order 73, issued December 20, 2005, Governor Richard Cody directed the New Jersey Department of Education to work in conjunction with the New Jersey State Interscholastic Athletic Association (NJSIAA) to develop and implement a program of random testing for steroids, of teams and individuals qualifying for championship games.

Beginning in the Fall, 2006 sports season, any student-athlete who possesses, distributes, ingests or otherwise uses any of the banned substances, without written prescription by a fully-licensed physician, as recognized by the American Medical Association, to treat a medical condition, violates the NJSIAA's sportsmanship rule, and is subject to NJSIAA penalties, including ineligibility from competition. The NJSIAA will test certain randomly selected individuals and teams that qualify for a state championship tournament or state championship competition for banned substances. The results of all tests shall be considered confidential and shall only be disclosed to the student, his or her parents, and his or her school. No student may participate in NJSIAA competition unless the student and the student's parent/guardian consent to random testing.

By signing below, we consent to random testing in accordance with the NJSIAA steroid testing policy. We understand that if the student or the student's team qualifies for a state championship tournament or state championship competition, the student may be subject to testing for banned substances.

# NJSIAA Banned-Drug Classes

2006-2007

The term "related compounds" comprises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

Many nutritional/dietary supplements contain NJSIAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NJSIAA drug test. The use of supplements is at the student-athlete's own risk. Student-athletes should contact their physician or athletic trainer for further information.

The following is a list of banned-drug classes, with examples of banned substances under each class:

(a) Stimulants	(b) Anabolic Agents	(c) Diuretics	(d) Peptide Hormones & Analogues:
amiphenazole	<u>anabolic steroids</u>	acetazolamide	corticotrophin (ACTH)
amphetamine	androstenediol	bendroflumethiazide	human chorionic gonadotrophin (hCG)
bemigrade	androstenedione	benzhiazide	leutenizing hormone (LH)
benzphetamine	boldenone	bumetanide	growth hormone (HGH, somatotrophin)
bromantan	clostebol	chlorothiazide	insulin like growth hormone (IGF-1)
caffeine <sup>1</sup> (guarana)	dehydrochlormethyl-testosterone	chlorthalidone	
chlorphentermine	dehydroepiandro-sterone (DHEA)	ethacrynic acid	
cocaine	dihydrotestosterone (DHT)	flumethiazide	
cropropamide	dromostanolone	furosemide	
crothetamide	epitrenbolone	hydrochlorothiazide	All the respective releasing factors the above-mentioned substances also are banned:
crothetamide	fluoxymesterone	hydroflumethiazide	erythropoietin (EPO)
diethylporpiion	gestrinone	methyclothiazide	darbypoetin
dimethylamphetamine	mesterolone	metolazone	sermorelin
doxapram	methandienone	polythiazide	
ephedrine	methenolone	quinethazone	
(ephedra, ma huang)	methyltestosterone	spironolactone	
ethamivan	nandrolone	triamterene	
ethylamphetamine	narandrostenediol	trichlormethiazide	
fencamfamine	narandrostenedione	and related compounds	
meclofenoxate	norethandroleone		
methamphetamine	oxandrolone		
methylenedioxymethamphetamine (MDMA, ecstasy)	oxymesterone		
methylphenidate	oxymetholone		
nikethamide	phendimetrazine		
pemoline	pregnelone		
pentetrazol	stanozolol		
phenmetrazine	testosterone <sup>2</sup>		
phetamine	tetrahydrogestrionen (THG)		
phenylpropanolamine (PPA)	trenbolone		
picrotoxine	and related compounds		
pipradol	<u>other anabolic agents</u>		
prolintane	clenbuterol		
strychnine			
synephrine (citrus aurantium, zhi shi, bitter orange)			
and related compounds			

(e) Definitions of positive depends on the following:

<sup>1</sup> for caffeine –if the concentration in urine exceeds 15 micrograms/ml

<sup>2</sup> for testosterone – if administration of testosterone or use of any other manipulation has the result of increasing the ration of the total concentration of testosterone to that of epitestosterone in the urine of greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.