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NALOXONE

The Mainland Regional High School District (the District) endeavoring to ensure a safe, secure, and healthy environment for all stakeholders authorizes the maintenance on campus and administration of opioid antagonists (Naloxone) to any student, school personnel or other person believed to be experiencing an opioid overdose during school hours or during on-site school-sponsored activities to block the opioids life-threatening effects. Naloxone will be included in the prescribed standing order by the school physician. The District's policy is in accordance with all applicable rules at N.J.A.C. 6A:16-3 and,

Under New Jersey Law (P.L. 2013, c. 46), the "Overdose Prevention Act" (the Act) provides immunity from civil and criminal liability to non-health care professionals who have, in an emergency, administered an opioid antidote (defined as Naloxone Hydrochloride or any other similarly acting drug approved by the United States Food and Drug Administration) to a person who he/she believes, in good faith, is experiencing an opioid overdose, provided the requirements of the Act have been met. The Act also provides that a health care professional or pharmacist who, acting in good faith, prescribes or dispenses an opioid antidote to a patient capable, in the judgement of a health care professional, of administering the opioid antidote in an emergency, shall not be subject to any criminal or civil liability, or to professional disciplinary action under Title 45 for prescribing or dispensing an opioid antidote in accordance with the Act. Additionally, the legal protections contained in the Act are designed to encourage overdose victims and witnesses to seek medical assistance in the event of an overdose emergency.<sup>1</sup>

The Mainland Regional High School District authorizes:

- (1) The certified school nurse(s) or, pursuant to the Act, other appropriately licensed school health professionals (athletic trainer) deemed capable of administering Naloxone by a health care professional, to administer Naloxone;
- (2) Volunteers, unlicensed school personnel to be trained through a DHS endorsed program to administer Naloxone.

The school nurse will document the administration of Naloxone in the same manner he/she documents administration of other medications under a non-patient specific order. Naloxone will be stored in a safe accessible location in the Nurse's Office near an automated external defibrillator (AED), keeping in mind Naloxone is heat and cold sensitive. In addition, the Athletic trainer will carry a Naloxone kit with his/her individual AED during athletic competitions and events.

In case of a suspected opioid overdose, the school nurse, athletic trainer, or other trained staff shall follow the protocols outlined during their Naloxone training and the instructions in the Naloxone kit:

- (1) Call 911
- (2) Administer rescue breathing

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<sup>1</sup> Memo from Susan Martz, Chief Learning Supports and Specialized Services Officer/Assistant Commissioner New Jersey Department of Education. *Information for Schools Regarding Opioid Overdose Prevention*. May 24, 2016.

- (3) Prepare and administer Naloxone
- (4) Alert the school crisis management team (school nurse, school resource officer, administration)
- (5) Continue rescue breathing
- (6) Give another dose of Naloxone in 3 minutes if no response or minimal breathing or responsiveness
- (7) Naloxone wears off in 30-90 minutes, which necessitates definitive medical care
- (8) Comfort them; withdrawal can be unpleasant
- (9) Encourage survivors to seek treatment

After the administration of Naloxone, the school nurse or an administrative designee will:

- (1) Ensure the overdose victim is transported to the hospital
- (2) Accompany the overdose victim to the hospital
- (3) Notify the parents/guardians of the overdose victim
- (4) Notify the Superintendent, Principal, Business Administrator, and Student Assistance Counselor

The Student Assistance Counselor (SAC) will provide substance abuse prevention resources to the overdose victim and family, as appropriate.

The school nurse under the Supervision of the Athletic Director will monitor the on-site inventory and replacement of the District's Naloxone supply. The school nurse will plan for the disposal of administered and expired Naloxone applicator. The school nurse will record, report and notify the District's Business Administrator of the method, time, and date of the disposal of administered and expired Naloxone applicator.

The District's Naloxone policy and procedures will be distributed annually to parents and guardians. The school nurse under the supervision of the Athletic Director will conduct an annual review of policies and procedures to ensure they continue to be consistent with recommended best practice; and any other applicable information deemed relevant by the District's physician, legal counsel, and the school community at large.

Adopted:           September 2016, October 2016