

Mainland Regional High School Pool Schedule JULY 2017

Daily Fees: Walk-in, Recreational & Lap
Resident \$3.00
(Linwood, Northfield, Somers Pt.)
Non-Resident \$8.00

* All hours & programs subject to change without notice.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Lap Swim only 8:00 - 11:30 am Rec & Lap Swim 11:30am - 12:30 pm
2 CLOSED	3 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	4 CLOSED	5 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	6 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm	7 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	8 Lap Swim only 8:00 - 11:30 am Rec & Lap Swim 11:30am - 12:30 pm
9 CLOSED	10 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	11 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm	12 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	13 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm	14 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	15 Lap Swim only 8:00 - 11:30 am Rec & Lap Swim 11:30am - 12:30 pm
16 CLOSED	17 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	18 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	19 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	20 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm	21 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	22 Lap Swim only 8:00 - 11:30 am Rec & Lap Swim 11:30am - 12:30 pm
23 CLOSED	24 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	25 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	26 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	27 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm	28 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm	29 Lap Swim only 8:00 - 11:30 am Rec & Lap Swim 11:30am - 12:30 pm
30 CLOSED	31 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:30 - 6:00 pm Rec & Lap Swim 6:00 - 7:00 pm					

Courses available to sign up for:
Water Fitness
Swim Club
Private Swim Lesson
*No-Diving

Call Pool at 601-6154 for info
Tue. & Thur. 6:00 - 7:00 pm.
Spring & Fall
Call Pool at 601-6154 for info.