

Mainland Regional High School
Pool Schedule
NOVEMBER 2018

Fees: Walk-in, Recreational & Lap
Resident \$3.00
(Linwood, Northfield, Somers Pt.)
Non-Resident \$8.00

* If snow, Pool is closed.

* **All hours and programs subject to change without notice.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Lap Swim only 5:45 - 7:30 am Lap Swim Only 4:00 - 6:00 pm	2 Lap Swim only 5:45 - 7:30 am Lap Swim only 5:30 - 7:30 pm	3 Lap Swim only 8:00 am - 12:00 pm
4 Lap Swim only 8:00 am - 12:00 pm	5 Lap Swim only 5:45 - 7:30 am Lap Swim only 5:30 - 7:30 pm	6 Lap Swim only 5:45 - 7:30 am Lap Swim only 4:00 - 6:00 pm	7 Lap Swim only 5:45 - 7:30 am Lap Swim only 4:00 - 7:00 pm	8 Lap Swim only 5:45 - 7:30 am CLOSED	9 CLOSED	10 Lap Swim only 8:00 am - 12:00 pm
11 Lap Swim only 8:00 am - 12:00 pm	12 Lap Swim only 5:45 - 7:30 am Lap Swim only 6:30 - 8:00 pm	13 Lap Swim only 5:45 - 7:30 am Water Aerobics Only 6:30 - 7:30 pm (NO LAP SWIM)	14 Lap Swim only 5:45 - 7:30 am Lap Swim only 6:30 - 8:00 pm	15 Lap Swim only 5:45 - 7:30 am Lap Swim only 6:30 - 8:00 pm	16 Lap Swim only 5:45 - 7:30 am Lap Swim Only 6:30 - 8:00 pm	17 Lap Swim only 11:30am - 1:00 pm
18 Lap Swim only 8:00 am - 12:00 pm	19 Lap Swim only 5:45 - 7:30 am Lap Swim only 6:30 - 8:00 pm	20 Lap Swim only 5:45 - 7:30 am Water Aerobics Only 6:30 - 7:30 pm (NO LAP SWIM)	21 Lap Swim only 5:45 - 7:30 am CLOSED	22 CLOSED	23 CLOSED	24 Lap Swim only 11:30am - 1:00 pm
25 Lap Swim only 8:00 am - 12:00 pm	26 Lap Swim only 5:45 - 7:30 am Lap Swim only 6:30 - 8:00 pm	27 Lap Swim only 5:45 - 7:30 am Water Aerobics Only 6:30 - 7:30 pm (NO LAP SWIM)	28 Lap Swim only 5:45 - 7:30 am Lap Swim only 6:30 - 8:00 pm	29 Lap Swim only 5:45 - 7:30 am Lap Swim only 6:30 - 8:00 pm	30 Lap Swim only 5:45 - 7:30 am Lap Swim only 6:30 - 8:00 pm	

Courses available to sign up for:

Water Fitness:

Swim Club:

Private Swim Lesson:

***No Diving**

***All afternoon times change starting 11/12/18 for Swim Season- Please check schedule**

Call Pool at 601-6154 for info

***For Swim Season: Tuesdays 6:30 - 7:30 pm**

Spring & Fall

Call Pool at 601-6154

***** 4 LANES ONLY *****