

# Mainland Regional High School

## Pool Schedule

### OCTOBER 2017

Fees: Walk-in, Recreational & Lap  
 Resident \$3.00  
 (Linwood, Northfield, Somers Pt.)  
 Non-Resident \$8.00

\* If snow, Pool is closed.

\* All hours & programs subject to change without notice.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Lap Swim only 8:00 - 11:30 am  Rec & Lap Swim 11:30 am - 12:30 pm	2 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	3 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 4:00 - 6:00 pm	4 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	5 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 4:00 - 6:00 pm	6 Lap Swim only 5:45 - 7:30 am  <b>CLOSED</b>	7 Lap Swim only 8:00 - 11:30 am  Rec & Lap Swim 11:30 am - 12:30 pm
8  <b>CLOSED</b>	9 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	10 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 4:00 - 6:00 pm	11 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	12 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 4:00 - 6:00 pm	13 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	14 Lap Swim only 8:00 - 11:30 am  Rec & Lap Swim 11:30 am - 12:30 pm
15 Lap Swim only 8:00 - 11:30 am  Rec & Lap Swim 11:30 am - 12:30 pm	16 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	17 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 4:00 - 6:00 pm	18 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	19 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 4:00 - 6:00 pm	20 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	21 Lap Swim only 8:00 - 11:30 am  Rec & Lap Swim 11:30 am - 12:30 pm
22  <b>CLOSED</b>	23 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	24 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 4:00 - 6:00 pm	25 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	26 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 4:00 - 6:00 pm	27 Lap Swim only 5:45 - 7:30 am  <b>CLOSED</b>	28 Lap Swim only 8:00 - 11:30 am  Rec & Lap Swim 11:30 am - 12:30 pm
29 Lap Swim only 8:00 - 11:30 am  Rec & Lap Swim 11:30 am - 12:30 pm	30 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 3:00 - 4:00 pm Rec & Lap Swim 5:30 - 7:00 pm	31 Lap Swim only 5:45 - 7:30 am  Lap Swim Only 4:00 - 6:00 pm				

Courses available to sign up for:

- Water Fitness
- Party Times
- Swim Club
- Private Swim Lesson
- \*No Diving

Call Pool at 601-6154 for info  
 Tue. & Thur. 6:00 - 7:00 pm  
 Sundays 12:30 - 2:30 pm  
 Spring & Fall  
 Call Pool at 601-6154