

MAINLAND REGIONAL HIGH SCHOOL
LINWOOD, NEW JERSEY

NJSIAA STEROID TESTING POLICY

CONSENT to RANDOM TESTING

In Executive Order 73, issued December 20, 2005, Governor Richard Cody directed the New Jersey Department of Education to work in conjunction with the New Jersey State Interscholastic Athletic Association (NJSIAA) to develop and implement a program of random testing for steroids, of teams and individuals qualifying for championship games.

Beginning in the Fall, 2006 sports season, any student-athlete who possesses, distributes, ingests or otherwise uses any of the banned substances, without written prescription by a fully-licensed physician, as recognized by the American Medical Association, to treat a medical condition, violates the NJSIAA's sportsmanship rule, and is subject to NJSIAA penalties, including ineligibility from competition. The NJSIAA will test certain randomly selected individuals and teams that qualify for a state championship tournament or state championship competition for banned substances. The results of all tests shall be considered confidential and shall only be disclosed to the student, his or her parents, and his or her school. No student may participate in NJSIAA competition unless the student and the student's parent/guardian consent to random testing.

By signing below, we consent to random testing in accordance with the NJSIAA steroid testing policy. We understand that if the student or the student's team qualifies for a state championship tournament or state championship competition, the student may be subject to testing for banned substances.

Signature of student-athlete

Date

Sport

Signature of parent/guardian

Date

NJSIAA Banned-Drug Classes

The term “related compounds” comprises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

Many nutritional/dietary supplements contain NJSIAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NJSIAA drug test. The use of supplements is at the student-athlete’s own risk. Student-athletes should contact their physician or athletic trainer for further information.

The following is a list of banned-drug classes, with examples of banned substances under each class:

(a) Stimulants

amiphenazole
 amphetamine
 bemigrade
 benzphetamine
 bromantan
 caffeine¹ (guarana)
 chlorphentermine
 cocaine
 cropropamide
 crothetamide
 diethylporpiion
 dimethylamphetamine
 doxapram
 ephedrine
 (ephedra, ma huang)
 ethamivan
 ethylamphetamine
 fencamfamine
 meclofenoxate
 methamphetamine
 methylenedioxymethamphetamine
 (MDMA, ecstasy)
 methylphenidate
 nikethamide
 pemoline
 pentetrazol
 phenmetrazine
 phetamine
 phenylpropanolamine (PPA)
 picrotoxine
 pipradol
 prolintane
 strychnine
 synephrine (citrus aurantium,
 zhi shi, bitter orange)
and related compounds

(b) Anabolic Agents
anabolic steroids

Androstenediol
 androstenedione
 boldenone
 clostebol
 dehydrochlormethyl-
 testosterone
 dehydroepiandro-sterone (DHEA)
 dihydrotestosterone (DHT)
 dromostanolone
 epitrenbolone
 fluoxymesterone
 gestrinone
 mesterolone
 methandienone
 methenolone
 methyltestosterone
 nandrolone
 narandrostenediol
 narandrostenedione
 norethandroleone
 oxandrolone
 oxymesterone
 oxymetholone
 phendimetrazine
 pregnelone
 stanozolol
 testosterone²
 tetrahydrogestrionen (THG)
 trenbolone
and related compounds
other anabolic agents
 clenbuterol

(c) Diuretics

acetazolamide
 bendroflumethiazide
 benzhiazide
 bumetanide
 chlorothiazide
 chlorthalidone
 ethacrynic acid
 flumethiazide
 furosemide
 hydrochlorothiazide
 hydroflumethiazide
 methyclothiazide
 metolazone
 polythiazide
 quinethazone
 spironolactone
 triamterene
 trichlormethiazide
and related compounds

(d) Peptide Hormones & Analogues:

corticotrophin (ACTH)
 human chorionic gonadotrophin (hCG)
 leutenizing hormone (LH)
 growth hormone (HGH, somatotrophin)
 insulin like growth hormone (IGF-1)

**All the respective releasing factors of the
 above-mentioned substances also are
 banned:**
 erythropoietin (EPO)
 darbypoetin
 sermorelin

(e) Definitions of positive depends on the following:

¹ for caffeine –if the concentration in urine exceeds 15 micrograms/ml

² for testosterone – if administration of testosterone or use of any other manipulation has the result of increasing the ration of the total concentration of testosterone to that of epitestosterone in the urine of greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.