



MAINLAND REGIONAL HIGH SCHOOL
 1301 Oak Ave Linwood NJ 08221 609-927-9589

Varsity Track 2010 – 2011

Head Boys Coach: Bob Coffey
Head Girls Coach: Joe Zaborowski

All meets at 4:00PM unless noted otherwise

Boys Varsity Track

| Day | Date | Opponent / Place | Time |
|-----------------|----------------|----------------------------------|--------|
| Friday | April 1 | Absegami @ Mainland | 4:00PM |
| Saturday | April 2 | Buena Relays | tba |
| Tuesday | April 5 | AC/Millville @ Atlantic City | 4:00PM |
| Thursday | April 7 | Vineland/Ocean City @ Mainland | 4:00PM |
| Saturday | April 9 | Bridgeton Relays | tba |
| Tuesday | April 12 | Oakcrest @ Mainland | 4:00PM |
| Saturday | April 16 | Woodbury Relays | tba |
| Tuesday | April 19 | St Augustine @ Mainland | 4:00PM |
| Thurs/Fri/Sat | April 28/29/30 | Penn Relays | tba |
| Tuesday | May 3 | Hammonton / Egg Harbor Twp @ EHT | 4:00PM |
| Thursday | May 12 | Atlantic County Championships | tba |
| Thursday | May 19 | CAL Individual @ EHT | tba |
| Friday/Saturday | May 27/28 | NJSIAA Sectionals @ EHT | tba |

Girls Varsity Track

| | | | |
|-----------------|-----------|---------------------------------------|--------|
| Friday | April 1 | @ Absegami | 4:00PM |
| Tuesday | April 5 | AC/Millville @ Millville | 4:00PM |
| Thursday | April 7 | Vineland/Ocean City @ Ocean City | 4:00PM |
| Saturday | April 9 | West Deptford Old Bridge | tba |
| Tuesday | April 12 | @ Oakcrest | 4:00PM |
| Saturday | April 16 | Woodbury Relays | tba |
| Tuesday | May 3 | Hammonton / Egg Harbor Twp @ Mainland | 4:00PM |
| Friday | May 6 | @ Rowan | tba |
| Thursday | May 12 | Atlantic County Championships | tba |
| Thursday | May 19 | CAL Individual @ EHT | tba |
| Friday/Saturday | May 27/28 | NJSIAA Sectionals @ EHT | tba |
| Friday/Saturday | June 3/4 | States | tba |

