

MAINLAND REGIONAL HIGH SCHOOL BELL SCHEDULES (2010-11)

The daily bell schedule works on a 4 day rotation. At the end of the 4 Day Cycle, the rotation repeats itself. Students are scheduled for rotating 4 rotating periods in the morning and rotating 4 rotating periods in the afternoon. Each day student's have 6 classes (3 in the AM and 3 in the PM) with 1 class from both the morning and afternoon being dropped. Students will go to each of their classes 3 times within a 4 Day Cycle. During the 50 minute unit lunch (Period 5) the entire student body will eat lunch. Food will be served in the cafeteria, at the concession stand and at mobile kiosks located throughout the building. Specific areas in the building will be designated as locations where students will be able to eat and spend their time during the unit lunch period. Students are expected to pick up after themselves, place trash and recyclables in the appropriate containers, and behave in an appropriate manner. Those students who demonstrate improper lunch time behavior will be placed in lunch detention at the discretion of the school administration. Members of the faculty, administration and school resource personnel will be present to supervise lunch. All underclassmen must remain in the building during the unit lunch period. **Only seniors who have submitted the appropriate parent/guardian permission documentation** will be able to leave campus during the unit lunch period.

Daily Bell Schedule and Rotation

| TIME | DAY A | DAY B | DAY C | DAY D |
|---------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 8:00 – 8:59 AM <i>59 Minutes</i> | 1 / HR | 4 / HR | 3 / HR | 2 / HR |
| 9:04 – 9:58 AM <i>54 Minutes</i> | 2 | 1 | 4 | 3 |
| 10:03 – 10:57 AM <i>54 Minutes</i> | 3 | 2 | 1 | 4 |
| 10:57 – 11:47 AM <i>50 Minutes</i> | <i>Unit Lunch (5)</i> | <i>Unit Lunch (5)</i> | <i>Unit Lunch (5)</i> | <i>Unit Lunch (5)</i> |
| 11:47 – 12:41 PM <i>54 Minutes</i> | 6 | 9 | 8 | 7 |
| 12:46 – 1:40 PM <i>54 Minutes</i> | 7 | 6 | 9 | 8 |
| 1:45 – 2:39 PM <i>54 Minutes</i> | 8 | 7 | 6 | 9 |

HR = Homeroom

Delayed Opening Bell Schedule

| Time | Day A | Day B | Day C | Day D |
|---------------|--------------|--------------|--------------|--------------|
| 9:00 – 9:49 | 1/HR | 4/HR | 3/HR | 2/HR |
| 9:54 - 10:38 | 2 | 1 | 4 | 3 |
| 10:43 - 11:27 | 3 | 2 | 1 | 4 |
| 11:27 – 12:17 | <i>Lunch</i> | <i>Lunch</i> | <i>Lunch</i> | <i>Lunch</i> |
| 12:17 - 1:01 | 6 | 9 | 8 | 7 |
| 1:06 - 1:50 | 7 | 6 | 9 | 8 |
| 1:55 - 2:39 | 8 | 7 | 6 | 9 |

Lunch = 5th Period

Early Dismissal Bell Schedule

| Time | Day A | Day B | Day C | Day D |
|---------------|--------------|--------------|--------------|--------------|
| 8:00 – 8:40 | 1/HR | 4/HR | 3/HR | 2/HR |
| 8:45 – 9:24 | 2 | 1 | 4 | 3 |
| 9:29 - 10:08 | 3 | 2 | 1 | 4 |
| 10:08 – 10:23 | <i>Break</i> | <i>Break</i> | <i>Break</i> | <i>Break</i> |
| 10:23 – 11:02 | 6 | 9 | 8 | 7 |
| 11:07 – 11:46 | 7 | 6 | 9 | 8 |
| 11:51 - 12:30 | 8 | 7 | 6 | 9 |

Short 15 Minute Break Replaces Unit Lunch (5th Period)

If school is closed due to inclement weather or an emergency, the 4 day cycle will continue without skipping a day. For example, if school is closed on Day B, school will re-open on Day B.